

PSORIATIC ARTHRITIS &

Children



Illustration for the Good Care Project For Psoriatic Arthritis

Recent progress in understanding the course of psoriatic arthritis (PsA) has led to breakthroughs in therapies. Yet the needs of many people living with PsA are still unmet. Through this project, IFPA aims to join forces with rheumatologists and the patient community to raise awareness of new treatment guidelines, and ultimately improve quality of life for people with PsA around the world.



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Disclosure UCB Pharma has provided financial support through an unrestricted grant for the delivery of the First phase of the Psoriatic Arthritis Awareness project, also known as the "Good Care for the Psoriatic Arthritis" Project. UCB Pharma had no influence or input over the content, including the selection of project members and the development of all associated assets, such as videos, podcasts, and articles. The support from UCB Pharma was solely in the form of an unrestricted grant.

PSORIATIC ARTHRITIS & CHILDREN



IN CHILDREN, PSORIATIC ARTHRITIS OFTEN INVOLVES SWELLING AND PAIN IN THE JOINTS, MAKING IT DIFFICULT FOR THEM TO MOVE AND PARTICIPATE IN DAILY ACTIVITIES.

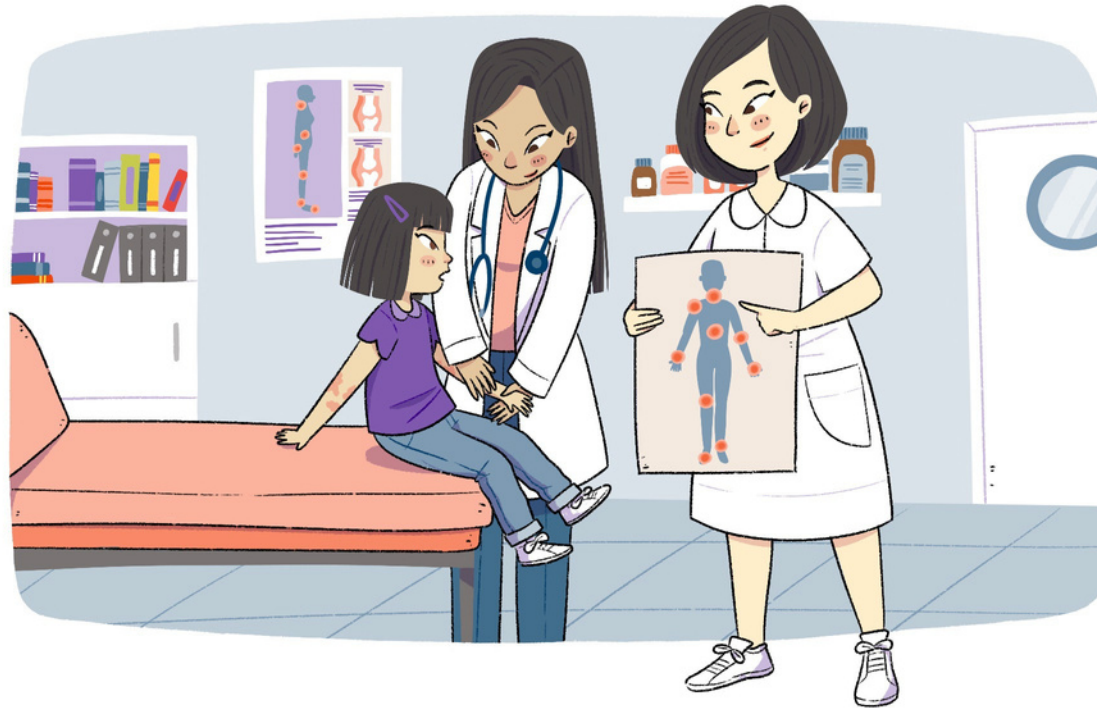
IT IS IMPORTANT TO ENCOURAGE THE AFFECTED CHILD TO EXPRESS HOW THEY FEEL AND WHAT THEIR CONCERNS ARE, AS IT IS COMMON FOR THEM TO HAVE FEELINGS OF FEAR OR FRUSTRATION.





THE SYMPTOMS OF
PSORIATIC ARTHRITIS ARE
USUALLY WORSE AFTER A
LONG PERIOD OF REST,
LEAVING A FEELING OF
STIFFNESS IN THE JOINTS.

PATIENTS MAY EXPERIENCE
FATIGUE AND ALSO BAD MOOD.



EARLY DIAGNOSIS AND APPROPRIATE TREATMENT CAN SLOW DOWN THE DISEASE AND EVEN ACHIEVE COMPLETE REMISSION OF SYMPTOMS.

HEALTH PROVIDERS MAY NEED TO PERFORM VARIOUS TESTS, INCLUDING PHYSICAL EXAMINATIONS, BLOOD TESTS, AND IMAGING SCANS, TO MAKE AN ACCURATE DIAGNOSIS.

THE PATIENT MUST FIND A GOOD BALANCE BETWEEN PHYSICAL ACTIVITY AND REST.
IT IS IMPORTANT THAT A CHILD LIVING WITH PSORIATIC ARTHRITIS STAY ACTIVE EVEN
WHEN THEY ARE NOT HAVING SYMPTOMS.





THE FAMILY IS A GREAT SUPPORT TO HELP WITH CHANGES IN THE PATIENT'S HABITS AND TO UNDERSTAND WHEN IT IS NECESSARY TO CHANGE PLANS DUE TO THE DISEASE.

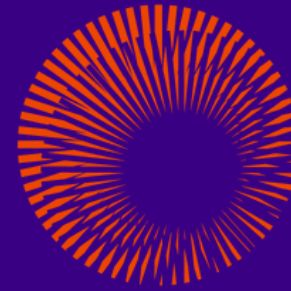
LEARN ABOUT TREAT TO TARGET RECOMMENDATIONS, TREATMENT GUIDELINES AND THE IMPORTANCE OF A HOLISTIC APPROACH TO PSORIATIC DISEASE MANAGEMENT THAT CONSIDERS THE PATIENT'S PHYSICAL AND EMOTIONAL WELL-BEING:

<https://ifpa-pso.com/projects/psoriatic-arthritis-awareness>

IFPA

GLOBAL LEADER IN FIGHTING
PSORIATIC DISEASE

good
care
for Psoriatic Arthritis



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