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**WORLD
PSORIASIS
DAY 2025**

**Psoriatic Disease
and Comorbidities**

**Understanding
the domino effect**

#StopTheDominoEffect



Psoriatic Disease Domino Game

Number of Players: 2-4 players (for small groups, but can be adapted for more).
Each player receives 7 tiles.

Setup

Custom domino tiles featuring health-related symbols instead of numbers.
Example of symbols:

-  Cardiovascular Disease
-  Depression/Anxiety
-  Diabetes
-  Obesity
-  Psoriatic Arthritis
-  Hypertension
-  Holistic Care (Wildcard)

How to play

- Shuffle all tiles face down
- Each player draws 7 tiles
- The remaining tiles form the draw pile

Starting the Game

The player with the Psoriatic Arthritis (double plaque) places it in the center.
If no one has it, reshuffle and redraw.

Placing a Tile

Players match a symbol on their tile with an open symbol on the board.
Example: If there's a tile showing Plaque - Heart, the next player must place a tile that has either Plaque or Heart.

Drawing a Tile

If a player cannot play, they draw one tile from the boneyard.
If they still cannot play, they pass their turn.

Special Rule - The "Holistic Care" Tile (Wildcard)

This tile can be placed anywhere and acts as a "treatment" to stop the domino effect (reset the sequence). The next player can play any symbol.

Blocking the Game

If no player can make a move and no tiles remain to be drawn, the game ends.

Winning & Scoring

Winning the Round

The first player to play all their tiles wins.

Scoring (Optional)

Each remaining symbol in opponents' hands counts as 1 point against them.
The winner gets the total of all opponents' points.
The first player to reach 50 points wins the game.