

Dear IFPA Board of Directors,

We are delighted and honored to present to you, for the first time as a member state, our psoriasis awareness campaign across China during World Psoriasis Day in October 2021.

First of all, since 2017, as the only patient-based organizer, we have co-hosted the Chinese Psoriasis Congress (CPC) for five consecutive years and organized free diagnosis services for patients by dermatologists. Due to the epidemic situation, we have paralleled of online and offline activities in the past two years (see the attached illustration for details).

During the World Psoriasis Day, we also helped to hold the survey on the happiness index of Chinese psoriasis patients and the relevant press conference (see attached photos and videos), as well as the Humanistic Forum of The Chinese Psoriasis Congress and Patient Body Painting event named Beautiful New Life, we invited 6 psoriasis patients in our group to show their clean skin and new life in a creative and compelling way , which aimed to give hope and confidence to a wider range of patients enable them to embrace the new era (see attached photo and video).At the same time, in response to IFPA's initiative, we organized our fellow patients to initiate a signature collecting on the website (see link:<https://ifpa-pso.com/world-psoriasis-day/>) with marks of Mutual Assistance of Psoriasis Patients Website (China) or China.

We will always implement the purpose of IFPA's concern and care for psoriasis patients, and fully express the five appeals elaborated by IFPA to the society

through our current resources. We will also continue to express the unmet treatment needs of Chinese psoriasis patients, as well as the accessibility of drugs and medical treatment, help to standardize the diagnosis, treatment and reduce the burden of patients. We will exert the strength of the organization with greater efforts and a sense of mission to the patient group, unite all the social resources that may affect this group, and make unremitting efforts to improve the medical environment and improve the quality of life of nearly ten million psoriasis patients in China!

Best regards!

Mutual Assistance of Psoriasis Patients Website (China)

XINGXIANG SHI WEI GAO

November 2021

Attachment:

1. The 5th CPC in Hefei, Anhui Province

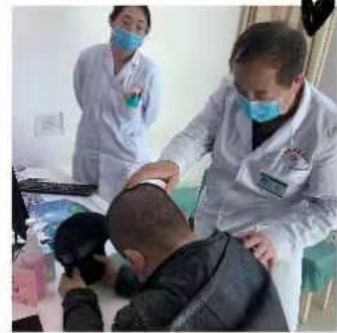


2017-2020 Review of the former 4 CPCs

2. Voluntary clinic during the 5th CPC



More photos about the Voluntary clinic during the 5th CPC



3.2021Report conference of Happiness Survey of Psoriasis patients in China and the Dance "Stand up to the Light"



特别鸣谢



4. 2021 CPC Humanities Forum and "Patient body painting" press conference




“我终于敢走进人群，坦然地直视每一个人。无需躲避，不再慌张。”

时光，银屑病患者（35岁）
患病20多年，最严重时全身皮损面积超过75%
无法融入正常的社交生活



“大大方方走进泳池，没有了窃窃私语和异样的目光，被人‘视若无睹’的感觉，真棒！”

唯伊，银屑病患者（42岁）
18岁发病，最严重时四肢及小腿皮损面积超过50%
因为旁人的注视和闲言碎语，20多年没有踏进过公共泳池



“指甲恢复后，我去做了美甲。小外孙说：姥姥你好漂亮呀。我觉得心里特别美。”

云娟，银屑病患者（60岁）
患病40余年，疾病曾重累及指甲、小腿及指甲



“病情最重时，15分钟的路我要走上1个小时。现在，我要走得快一点，再快一点。人生苦短，1秒钟都不想再来等待。”

唯伊，银屑病患者（42岁）
除皮损外，疾病已累及手抽、脚趾及足跟关节



“一次代表部门发言，同事说很羡慕我这么自信。第一次意识到，原来我也能活成别人眼中的一道光。”

时光，银屑病患者（35岁）
疾病曾大面积累及手臂、小腿和肘部
严重影响了工作和职业发展



“病好了以后，我爱上了越野跑。它和疾病都教会我一件事：希望就在前方，永远不要比命运先放弃自己。”

唯，银屑病患者（26岁）
13岁患病，曾因疾病产生过轻生想法



Body Painting during the 5th CPC



Mutual Assistance of Psoriasis Patients Website (China)